



MIDDLE SCHOOL SUPPORT GROUP

(STARTING OCTOBER 2011)

DAY OF WEEK & TIME TO BE DETERMINED BASED ON
ENROLLMENT.

- Supportive weekly group sessions to discuss issues such as peer pressure, friendships, school, stress, and more!
- Our focus will be to build on existing strengths and to develop new ones. We will learn and practice relaxation techniques and coping strategies.
- Participants will have a safe, confidential setting in which to share thoughts and feelings with peers and a licensed therapist.

***Group will meet
at
Family Service of Morris County
62 Elm Street
Morristown, NJ 07960***

For information about the group and registration (\$90/6 sessions) please call Kathy Franco, MA, LAC, at (973) 538-5260, ext. 119.